

☞ Tips and Tools For Alzheimer's Caregivers

From Alzheimer's Association, Western & Central Washington State Chapter

SEATTLE, WA - July 28, 2009 - With summer here, caregivers can be especially challenged to keep those in their care who have Alzheimer's or a related dementia hydrated, cool, and safe, as well as receiving proper nutrition, especially during these days of extremely high temperatures.

Eating and drinking can become real problems for people with dementia, especially in the middle and late stages. The person with dementia may have difficulty remembering how to use utensils, with swallowing and have a poor appetite.

For tips and tools for keeping the person you care for **hydrated** and **eating during this heat wave**, [CLICK HERE](#).

For tips on how to keep a person **cool and safe during the heat wave**, [CLICK HERE](#).

Feel free to share this information with others.

You are also encouraged to call our **Helpline** at **800.848.7097** for additional resources, support and information.