

Area Agency on Aging and Disabilities of SW Washington  
ADVISORY COUNCIL MEETING MINUTES

March 20, 2019

Location: AAADSW Offices, Vancouver WA

The meeting was called to order by Lanae Johnson at 12:00 p.m.

Roll Call: Ray Thygesen, Kathy Kylonnen, Carole Lewis, Lisa Bayautet, Beth Anderson, Lanae Johnson, Arnie Dyer, Sandy DeMent, Sandy Bacus, Roberta Doster, Pat Cano, Pearl Blackburn, Bernadette Goodroe,

Excused: Sue Cameron, Tina McCully, Shanti Potts

Absent:

Staff present: Dave Kelly, Mike Reardon, Karen Wolfe

Guests: Jon Rudicil, w4a; Stephanie Sivils, Klickitat County caregiver, Bob Thygesen

Introductions: Lanae introduced a new caregiver in Trout Lake, Stephanie Sivils.

Motion to approve the agenda made by Beth seconded by Arnie. Motion passed.

Meeting decorum: Lanae mentioned we will be using mics today. Please refrain from side conversations, and raise your hand when you want to make a comment and we will pass the mic to you.

Minutes: Motion to approve the minutes of the February 20, 2019 meeting was made by Carole and seconded by Kathy. Motion passed.

Announcements/Community Outlook: Ray is happy to be back after 4 weeks in the hospital. The EMTs visited Trout Lake Care and they need air conditioners for folks in the community. Ray reported that he went to the Community organization and got some funding for 2 portable AC units. Pearl reported on the Call Me program, which has been launched. The Sherriff's office has a VIPS program to stop in and check on folks. Pearl shared the sign up forms. She spoke to the Senior Center about fitness programs and getting more advertising. Pat Cano is glad to be here and reports she was in Olympia with the students from the LULAC group to visit with legislators. Reported that Governor Inslee declared April 10<sup>th</sup> as Dolores Huerta Day. The beta test survey was very eye opening for Pat. Roberta Doster is honored to join the Council and thanked Mike for the communications. Arnie reported he's been in contact with the Shared Housing Group in Clark County. There will be some news from them in 3-6 months. Sandy DeMent reported the snow is slowly melting. Lisa Bayautet reported that Rep. Herrera Beutler has agreed to chair the CDC funding request. Especially interested in funding for Arthritis and the nexus with other chronic diseases. Lisa will be speaking in April on behalf of the Arthritis foundation. Lisa also reported on Step therapy issues – Senator Cleveland is holding a hearing on HB1879 and you can call her or email her before this Friday to ask her to support the bill. Carole reports that Diane Hadley said hello. Beth Anderson reports the new Grief Center has opened near

Legacy Salmon Creek. Kathy Kylonnen missed going to Olympia with us last month. Her shoulder is healing nicely. Bernadette Goodroe is working with a friend whose husband is in the last stages of rheumatoid arthritis – with Mike's help she was able to get someone out to do an assessment on their needs. Sandy B reports the snow is almost gone.

### Reports:

Executive Director's Report: Dave stated how honored the staff is to have the Ad council here and commended them for the work they do in their communities. Dave introduced Jon Rudicil, the State Director for w4a. Jon's background includes working for the WA State Legislature. Jon introduced himself, he is attending all the Ad Council meetings around the State. Met some of us at the Senior Lobby Day. Likes to hear about the opportunities to serve our communities. He distributed his business cards.

N4A Board Meeting: Dave will be finishing his second term on n4a with the July BoD meetings. Reported on the meetings in March in D.C.

Washington D.C. Meetings with Murray, Cantwell, and Herrera Beutler: Dave and other AAA Directors and Jon Rudicil met with staff of Murray and Cantwell, and with Herrera Beutler and her health policy staffer. The "ask" is to reauthorize the Older Americans Act and increase funding for services. Dave followed up on Dr. Katherine Bennett's testimony to the Senate HELP Committee and was able to share some of the data from her testimony with them. They were very interested in what we're doing at the State and local levels and our hopes that eventually we could bill CMS directly for services we provide. Ray asked about the prognosis of the OAA being reauthorized – Dave feels the likelihood of being reauthorized is high, but the additional funding is more 50/50.

W4A Meeting: w4a furthered all the legislative priorities. Everything is still on the table and being worked on. Dave stated our legislators appreciate the Advisory Council's passion, fun, and our messaging.

Executive Committee: Executive committee met at the beginning of the month. Each Committee Chair gave a report on their activities. The committee also discussed meeting decorum. Discussed Senior Lobby Day. Discussed the high school caregiver training program and how we can support that effort. Also discussed some staff presentations at our meetings this year.

Advocacy and Outreach: Beth reported on plans for next year's Senior Lobby Day with a golf theme. Suggested everyone buy a black vest for next year. Give it to Lisa B and she will get it embroidered with our logo.

Membership: Arnie reported on the committee meeting today. Distributed a handout about the Adopt a Newbie program. Reviewed the sign up sheet and who had signed up to mentor or be a mentee. At the end of the meeting please meet up with each other to make some plans. Reviewed the suggested topics for discussion and suggested activities. We hope this pilot program gets a good launch. Recruitment efforts also mentioned.

Planning & Allocations: Sandy DeMent thanked everyone who administered the beta test survey. The committee made edits based on the beta results. We should have a new beta test by the end of this week. The survey will be going out in April. Reminded us that our job is to represent the agency in the community, and to collect information from the community back to the agency. We need 1,000 completed surveys. The bulk of those by population will be from Clark County (743; Cowlitz 230, Klickitat 54, Skamania 24, Wahkiakum 15). These numbers are based on the proportionality. We want the survey results to be statistically significant. Reminded us to reach out to populations we don't currently serve as well, and not just "preach to the choir". Carole asked what the preferred method is to get surveys completed. Will depend on where you are distributing the surveys. Sandy will be calling each member to discuss their assignments and the new survey document. If we publish in a newspaper, we'd probably see if we could get the survey included as an insert.

State Council on Aging (SCOA) Report: Beth reported that they discussed Senior Lobby Day. Bea Rector attended but many folks were absent due to the snow.

Debrief Senior Lobby Day: Mike reported how proud he was of how it all came together. The work the groups did to choreograph the presentation was great. Great job and kudos to all. Beth reminded everyone to send their thank you cards. If you took photos, please send to Karen or your local newspaper and remember to include the names of everyone in the photo. Arnie said there were a lot of moving parts to carry, would be nice to have it streamlined for next year. It was a big hit with the legislators and their aides.

AC Member Ride Along: Mike is continuing to work on this project. Passed around a sign up sheet. Also a confidentiality statement to complete if you plan to do the shadow visit. Please complete those and return to Mike. Mike is working with supervisors and case managers/care coordinators to line up the visits. We need to get the client's permission too. Roberta asked will it be county specific – yes.


May 15<sup>th</sup> meeting, May 16<sup>th</sup> Senior Heroes Awards Luncheon: Dave explained that the Senior Heroes group had to move their venue and they couldn't get their traditional Wednesday date. Karen pointed out that if we meet on the 16<sup>th</sup> we would not have committee meetings before the luncheon. Sandy D mentioned that her committee would still want to meet that month. By show of hands, the council wants to meet on the same day. We will meet from 9:30 – 11:00 here at AAADSW and then carpool to the venue. Nominations have already been submitted. Let Karen know if you want to have a committee meeting in May so she can arrange space for you to meet.

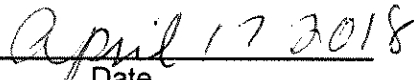
Public Comment: Stephanie complimented the Council on their great work.

Good of the order: none

Meeting adjourned at 1:18 p.m.

REMINDER: Next meeting is April 17, 2019. Committees at 10, lunch at 11:30, meeting at noon.

  
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Signature

  
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Date