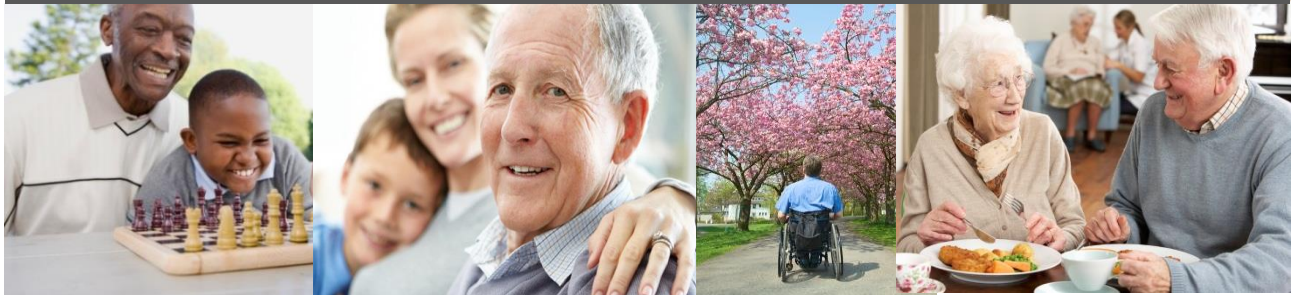


Area Agency on Aging & Disabilities
of Southwest Washington

DRAFT 2020-2023 Area Plan

October 2019



A R E A A G E N C Y O N
Aging & Disabilities
O F S O U T H W E S T W A S H I N G T O N

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Clark ♦ Cowlitz ♦ Klickitat ♦ Skamania ♦ Wahkiakum

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Executive Summary

Sincerely,

David Kelly
Executive Director
Area Agency on Aging & Disabilities of Southwest
Washington

Lanae Johnson
Advisory Council Chair
Area Agency on Aging & Disabilities of Southwest
Washington



SECTION A: AREA AGENCY ON AGING & DISABILITIES OF SOUTHWEST WASHINGTON

Section A-1 Introduction:

The Area Agency on Aging & Disabilities of Southwest Washington (AAADSW) is a regional government agency that receives federal, state and grant funding to help older adults and adults with disabilities remain in their homes as well as to support family caregivers. AAADSW's region, also known as its Planning and Service Area, includes Clark, Cowlitz, Klickitat, Skamania and Wahkiakum counties. One county Commissioner, each from Clark, Cowlitz, Klickitat, Skamania and Wahkiakum County makes up AAADSWs' governing authority.

AAADSW's core program offerings include (but not limited to) Medicaid Case Management, Care Coordination and Community Services. Different and varying levels of services are available in each program area based on an individual's age, income, resources and amount of assistance needed with activities of daily living (for example: eating, bathing, walking, managing medications, etc.).

AAADSW's 18-member, all volunteer, Advisory Council plays an important role in the agency. They meet with state legislators, educate community members about what programs and services are available, and inform AAADSW leadership about the needs in their communities.

Section A-2 Mission, Vision and Values:

AAADSW's mission is "To promote independence, choice, well-being, and dignity for older adults, adults with disabilities, and family caregivers in our five-county Planning and Service Area (PSA) through a comprehensive, coordinated system of home and community-based services." We accomplish in a variety of ways.

- Providing resources and information on programs and services:
 - adults age 60 and older
 - adults with disabilities
 - family caregivers
- Offering programs and classes that support family caregivers
- Working with local social service and healthcare providers to strengthen and expand local safety net programs

AREA PLAN

- A federal and state requirement
- Updated every 4 years
- Provides an overview of issues facing:
 - older adults
 - adults with disabilities
 - family caregivers
- Includes goals to address identified issues
- Provides information on:
 - current programs
 - future program offerings
 - agency budget and staffing

- Distributing federal, state and grant funding while developing new funding sources
- Providing/engaging in legislative advocacy at state and national levels
- Ensuring contracted service providers operate programs in accordance with state and federal guidelines

AAADSW's **vision** is "Every older adult, adults with disabilities, and their family members have access to information, programs and services to help them thrive in the setting of their choice." To fulfill this vision, AAADSW practices the following values:

- **Choice**
We encourage and respect individual choice, especially regarding a person's choice to live in the setting that he/she most desires
- **Independence**
We promote client empowerment and focus on preserving client independence

"I would like to emphasize that the boom is already here. This is not something we can leisurely prepare for. It is time to begin working on action planning. It is time to act."

Bob Stevenson, Past Chair
Washington State Council on
Aging

"I am terrified of dementia coming. No family. Ailing wife. No assisted home in the area."

- Klickitat County Senior

"Have taken Powerful Tools for Caregivers from Aging and Disabilities of SW Washington, and currently taking Caring for Loved Ones. Excellent information and support from these classes. Invaluable!" - Clark County Caregiver

We need more cultural stimulation, like a little community school with locals giving classes, like dancing and music or do-it-yourself projects." - Wahkiakum County Senior Citizen

- **Family support**
We recognize and support the care of older adults and adults with disabilities provided by family and friends
- **Responsiveness**
We gather input from those we serve to improve our services
- **Quality**
We are committed to delivering quality services in a cost-effective manner
- **Teamwork**
We value the contributions of our dedicated employees and contracted agencies, embrace creative problem solving and foster a teamwork-based environment focused on results
- **Diversity**
We encourage an environment that accepts differences
- **Leadership**
We foster strong community partnerships and provide solution focused leadership

Section A-3 Area Plan Development and Review Process:

Through the hard work of our staff and Advisory Council members, 759 individuals across Clark, Cowlitz, Klickitat, Skamania and Wahkiakum counties were surveyed in April, May and June of 2019. Those surveyed include older adults, adults with disabilities and family caregivers. Surveys were available in English, Russian and Spanish surveys were distributed in paper/pencil format while a digital version was available on AAADSW's website. Using a scale of 1-5, (1 indicating most important and 5 indicating least important), participants were asked to rate areas of need they believe are critical to remain living at home. Survey responses were put into Qualtrics, an online survey platform. With assistance from Cory Bolkan, Ph.D., Assistant Professor, Department of Human Development, Washington State University Vancouver, survey results were analyzed, interpreted, categorized and prioritized.

Aggregate and county-specific survey results show transportation is the most important need for older adults to remain living in their homes. For caregivers, survey results show help providing personal care as the most important need. These and other results from the survey inform AAADSWs current and future program offerings and how funding is spent.

With two exceptions, the needs of men and women are very similar. Dr. Bolkan concluded "the only differences that emerged were related to: (1) needing help with home repairs and (2) grocer delivery. More specifically, women were significantly more likely to indicate these two needs in comparison to men. There were no differences between men and women on any of the other [11] questions."

"Not needing help now, but with spouse's health failing will need help in the future."
- Cowlitz County Senior Citizen/Family Caregiver

"I know personally folks struggling to stay in home but need a lot of help with personal care, yard work, housework, etc."
- Clark County Senior Citizen

Regarding responses to caregiver-only questions across all counties, Dr. Bolkan conducted a one-way analysis of variance (ANOVA). She reports "There are no differences by county for items in Section C [caregiver-only section]; overall, the participants showed the highest needs for (1) help providing personal care to care recipients, followed by (2) help with household chores, running errands, transportation, (3) respite care, (4) information on chronic diseases and (5) caregiver support groups."

Where survey results did show differences by county, AAADSW will work with agencies to evaluate the feasibility of developing programs that reflect their documented needs.

In addition to survey results, several documents played an important role in the development of AAADSW's 2020-2023 Area Plan. The following lists the reports used:

- 2019 Kaiser Permanente Social Needs in America Survey
- Department of Social & Health Services Forecasts of the Aging Population
- Dementia Prevalence and Use of Long-Term Care Services Technical Report
- Administration on Aging Administration for Community Living U.S. Department of Health and Human Services – A Profile of Older Americans: 2016 report

- Center for Health Care Strategies, Inc. Opportunities for Complex Care Programs to Address the Social Determinants of Health, Brief February 2019
- Washington State County Population Projections for Growth Management, 2000-2025, January 2002.

[AP review drafts were presented to Advisory Council members, at public meetings as well as available online. Comments and feedback were incorporated into the AP. 2020-2023 Area Plan was approved by AAADSW’s Advisory Council and Board of Directors in September, 2019.]

Section A-4 Prioritization of Discretionary Funding:

[This section describes your 2020-2023 priorities for programs for which you have discretionary funding. Discretionary funds are normally those that come from Title IIIB, SCSA, and local sources. Describe your process for determining priority services, including the criteria established, the basis for your criteria, factors influencing your prioritization, and the methods employed in weighting individual elements.]

SECTION B: PLANNING AND SERVICE AREA PROFILE

Section B-1 Target Population Profile

Federal and state statutes establish whom is eligible to receive AAADSW services. Adults age 60 and over, adults with disabilities and family caregivers are AAADSW’s target populations.

Listed below are eight tables. Each table focuses on different characteristics of AAADSW’s target populations. For example, Table 1 shows growth in age 60+ population by county, Table 5 shows growth in disabled population age 18+ by county and Table 8 focuses on number of caregivers by county. All demographic information is from Washington State’s Department of Social and Health Services Research and Data Analysis, July 16, 2019 report, except Tables 2 and 8. Data in these tables is from Washington State County Population Projections for Growth Management, 2000-2025. January 2002.

Table 1: Growth in age 60+ population.

County	2020 to 2023	Percent Increase
Clark	110,873 to 123,228	11.1
Cowlitz	30,671 to 32,857	7.1
Klickitat	7,979 to 8,369	4.8
Skamania	3,938 to 4,310	9.4
Wahkiakum	1,939 to 1,957	1.0
Region	155,400 to 170,721	9.9

Even more alarming than a 9.9% increase in age 60+ population by 2023 is the fact that this cohort represents a significant percentage of the region's total population! According to the report by Washington State County Population Projections for Growth Management (January 2002), a minimum of 1 in 4 residents will be age 60+ by year 2023. See Table 2 for specific county statistics.

Table 2: Percentage of population age 60+ in 2023.

County	Total Population	Age 60+ Population	Percent of age 60+ population
Clark	530,962	123,228	23.2
Cowlitz	132,409	32,857	24.8
Klickitat	25,320	8,369	33.1
Skamania	12,701	4,310	33.9
Wahkiakum	4,943	1,957	39.6
Region	706,335	170,721	24.2

Table 3: Growth in number of persons age 60+ living at or below 100% of Federal Poverty Level

County	2020 to 2023	Percent Increase
Clark	5,506 to 6,146	11.6
Cowlitz	3,100 to 3,276	5.7
Klickitat	639 to 652	2.0
Skamania	299 to 320	7.0
Wahkiakum	154 to 153	0.0
Region	9,698 to 10,547	8.8

Table 4: Growth in number of persons age 65+ with dementia.

County	2020 to 2023	Percent Increase
Clark	7,704 to 9,046	17.4
Cowlitz	2,194 to 2,471	12.6
Klickitat	562 to 641	14.1
Skamania	246 to 282	14.6
Wahkiakum	150 to 171	14.0
Region	10,856 to 12,611	16.2

Table 5: Growth in disabled population age 18+.

County	2020 to 2023	Percent Increase
Clark	33,540 to 36,872	9.9
Cowlitz	9,220 to 9,778	6.1
Klickitat	2,303 to 2,425	5.3
Skamania	1,146 to 1,227	7.1
Wahkiakum	493 to 519	5.3
Region	46,702 to 50,821	8.8

Table 6: Growth in number of persons age 18+ with cognitive impairment.

County	2020 to 2023	Percent Increase
Clark	20,816 to 22,488	8.0
Cowlitz	5,725 to 5,969	4.3
Klickitat	1,352 to 1,400	3.6
Skamania	697 to 734	5.3
Wahkiakum	254 to 268	5.5
Region	28,844 to 30,859	6.9

Table 7: Growth in number of persons age 60+ and minority.

County	2020 to 2023	Percent Increase
Clark	10,917 to 12,761	16.9
Cowlitz	1,908 to 2,192	14.9
Klickitat	577 to 652	12.9
Skamania	277 to 331	19.5
Wahkiakum	92 to 96	4.3
Region	13,771 to 16,032	16.4

Washington State Department of Social & Health Services, estimated in 2013 there were 828,000 unpaid family caregivers throughout the state. Since AAADSW's region accounts for approximately 8% of the State's total population, we can reasonable assume there are a minimum 66,000 caregivers in our region. For number of caregivers by county, see Table 8.

Table 8: Number of Family Caregivers by County.

County	Family Caregivers	Percent of total family caregivers is Region
Clark	49,500	75
Cowlitz	12,555	19
Klickitat	2,375	3.6
Skamania	1,200	1.8
Wahkiakum	400	.6
Region	66,000	100

For a more comprehensive look at population forecast, see Appendix L.

Section B-2 AAA Services and Partnerships

AAADSW provides over 40 programs, directly or through its network of subcontracted providers. AAADSW strives to ensure all programs are available in full and equal measure in every county. However, there are significant challenges to accomplishing this goal:

- 1) limited money to distribute
- 2) shortage of agencies/contractors available to do the work
- 3) diversity of perceived needs as per recent survey responses

Despite these challenges, AAADSW continues to think creatively about ways to bring programs/services to scale across all five counties, as appropriate.

With an eye toward the future and a successful record of program innovations, AAADSW works with community partners and secures new funding to create pilot projects. Examples include HOME and Senior Oral Health programs and embedding Aging & Disability Resource Specialists in healthcare settings. These programs start as pilot projects in a designated county. As funding and partnerships develop, they expand into other counties. The goal of every successful pilot project is to make it available in all five counties. To the degree feasible, all programs/services are available throughout all five counties. For a list of programs and services offered in each county, see Appendix L.

A trio of related programs comprise the core of AAADSW's services. The largest program is Medicaid (Title XIX) Case Management. Under this program, case managers conduct assessments, authorize and coordinate services to many of the areas' most medically complex individuals on Medicaid in-home services.

Annually, approximately 4,000 individuals receive case management services through this program, accounting for 49% of the agency's budget.

A related program to Medicaid Case Management, absorbing 19% of AAADSW budget, is Health Home Care Coordination. Through this program, high-risk, high-cost individuals with chronic health conditions on Medicaid-Medicare (dually eligible) or those on Medicaid only receive intensive support services. The goal is to improve their health outcomes and reduce unnecessary medical costs by creating a client-centered Health Action Plan (HAP). Care coordination services are voluntary and may include any of the following services:

- 1) comprehensive care management
- 2) comprehensive transitional care from inpatient to other settings, including the client's home, with appropriate follow-up
- 3) referral to community and social support services

Launched in 2017, Medicaid Alternative Care (MAC) and Tailored Supports for Older Adults (TSOA) are AAADSW's third related programs. These demonstration programs help clients avoid or delay accessing Medicaid long-term services and supports. These programs allow individuals with higher incomes and resources to access certain Medicaid benefits. As of August 2019, approximately 350 clients are currently receiving services through these programs. Evaluation of the effectiveness of MAC and TSOA continues through the end of the demonstration period, 2021.

The remaining third of AAADSW services are more broadly available to older adults and those living with disabilities that address social determinants of health, and family caregivers, such as:

- nutrition,
- transportation,
- case management,
- dental care, and

- minor repairs to homes.

Additional services include:

- aging & disability resource centers
- respite care and counseling for caregivers
- educational classes and support groups covering chronic illnesses and caregiving, and
- healthy aging resources and exercise programs.

AAADSW is the host agency for the regions Long Term Care Ombudsman program. This program’s focus is on individuals residing in skilled nursing and assisted living facilities, and adult family homes. Trained volunteers and staff visit these residential care settings and provide support, advocacy and education on resident’s rights.

Partnerships and Networks

Forming and maintaining meaningful community partnerships remains a high priority to AAADSW. In an effort to expand community awareness of AAADSW programs and services, staff develops and sustains strong partnerships with professional peers in Healthcare, EMS, Housing Authorities, Dementia Support Group providers, Senior Centers and a broad range of other community-based service organizations.

Section B-3 Focal Points

A focal point is a facility established to encourage the maximum connection and coordination of services for older individuals.

Listed below are designated focal points in AAADSW’s five county region.

County	Organization or Site Name	Focal Point Address	Public Phone Number & E-Mail Address	Services Coordinated at this Site
Clark	AAADSW	201 NE 73 rd Street, Vancouver, WA 98665	<u>Phone:</u> 360-694-8144 <u>Toll Free:</u> 888-637-6060 <u>Email:</u> iaclark@dshs.wa.gov	ADRC and other AAA Services
Cowlitz	AAADSW	1338 Commerce Avenue, Suite 309, Longview, WA 98632	<u>Phone:</u> 360-501-8399 <u>Toll Free:</u> 800-682-2406 <u>Email:</u> iakelso@dshs.wa.gov	ADRC and other AAA services

Wahkiakum	Wahkiakum County Health and Human Services	42 Elochoman Valley Road, Cathlamet, WA 98612	<u>Phone:</u> 360-795-8630, Option 4 <u>Email:</u> pattersonk@co.wahkiakum.wa.us	ADRC and referrals to other services
Skamania	Skamania County Senior Services	710 SW Rock Creek Drive, Stevenson, WA 98648	<u>Phone:</u> 509-427-3990 <u>Email:</u> seniorsia@co.skamania.wa.us	ADRC, Congregate Meals, Home Delivered Meals, DPHP, Transportation
Klickitat	Klickitat County Senior Services	115 W Court Annex IIMC-CH-21, Goldendale, WA 98620	<u>Phone:</u> 509-773-3757 <u>Toll Free:</u> 800-447-7858 <u>Email:</u> kcssinfo@klickitatcounty.org	ADRC, Congregate Meals, Home Delivered Meals, DPHP, Transportation, Case Management, MAC/TSOA and FCSP
Klickitat	Klickitat County Senior Services	501 NE Washington Street, White Salmon, WA 98672	<u>Phone:</u> 509-493-3068 <u>Toll Free:</u> 800-447-7858 <u>Email:</u> info@klickitatcounty.org	ADRC, Congregate Meals, Home Delivered Meals, DPHP, Transportation, Case Management, MAC/TSOA and FCSP

SECTION C: ISSUE AREA THEMES

This section outlines goals that address issues facing older adults, adults with disabilities, and family caregivers. The selected “Issue Areas” are the result of over 750 survey responses and requirements by Washington State’s Aging and Long Term Services Administration.

Section C1 Healthy Aging

Healthy aging influences seniors’ and adults with disabilities ability to remain at home and can help reduce healthcare costs. As such, AAADSW provides health and wellness programs and will continue to work with its community partners to address social determinants of health that impact the health of seniors, adults with disabilities and family caregivers in Southwest Washington.

Brain Health and Dementia Supports

According to the Alzheimer’s Association, there is evidence “people can reduce their risk of cognitive decline by making key lifestyle changes, including participating in regular physical activity, staying socially engaged, and maintaining good heart health.” AAADSW and its contractors provide fitness, nutrition and life enrichment programs that facilitates both physical and brain health.

“I am terrified of dementia coming. No family. Ailing wife. No assisted home in the area.” – Klickitat County Senior Citizen/Caregiver

AAADSW will continue its focus on supporting individuals with dementia and their families.

Goal: Help individuals with Alzheimer’s or a related dementia and their family caregivers connect to services and support.	
Objectives	Date
Sustain respite and personal care services.	12/31/2023
Connect family caregivers to local support groups.	12/31/2023
Offer family caregiver education opportunities via print, online and in-person.	12/31/2023
Advocate for dementia friendly communities as part of the Washington Dementia Action Collaborative, sustaining AAADSW staff dementia capable training and connecting workforce to continuing dementia care education through the Geriatric Workforce Enhancement Center.	12/31/2023
Make available Dementia Activity Kits to Klickitat and Skamania Counties.	12/31/2020

Health Promotion Programs

AAADSW and its sub-contractors provide the following evidence-based health promotion programs: TCARE, Powerful Tools for Caregivers, STAR-C, Enhance Fitness, Staying Active and Independent for Life, Strong Women, Walking with Ease, Bridge Transitional Care Services, PEARLS and Chronic Disease Self-Management Program. A key focus of this plan

period will be to increase public awareness of available wellness programs in Southwest Washington.

“I attend the exercise program and occasionally meals (find them very helpful).” – Skamania County Senior Citizen

Nutrition

Senior Nutrition programs are available throughout AAADSW’s five-county service area, and includes Congregate Nutrition Services (CNS), Home Delivered Meals (HDM) and Senior Farmers’ Market. Services focus on serving older adults, who are low-income, identify as minorities, and/or are at nutritional risk, nutritious meal and social engagement.

Goal: Increase Participation in Nutrition Programs	
Objectives	Date
Research ways to deliver congregate nutrition services to the next generation of older adults, for example baby boomers.	12/31/2020
Work with nutrition providers to increase meal options through Home Delivered Meals program.	12/31/2020
Convene meetings of nutrition providers, healthcare partners and clients to learn more about clients’ unmet nutritional needs.	12/31/2021
Implement one pilot-program to increase participation in Senior Nutrition Programs.	12/31/2022
Evaluate pilot-program and determine next steps.	12/31/2023

Transportation

AAADSW’s Senior Transportation Program transports seniors to and from social services, medical and health care services, meal programs, senior centers, essential shopping, and recreational activities. These services are available to eligible individuals who have no other means of transportation or who are unable to use existing transportation.

Southwest Washington does not have adequate transportation resources to meet the needs of older adults and adults with disabilities. Existing transportation services primarily support medical appointments. Few resources support transportation to nutrition programs and life enrichment activities.

“I don’t drive, so having access to things right here at the senior center would be very important to me. As my husband’s condition progresses this [transportation] will undoubtedly be my primary concern.”

– Klickitat County Senior Citizen/Caregiver

Goal: Advocate for expanded transportation services.	
Objectives	Date
Leverage existing Family Caregiver Support Program funding to expand transportation services to family caregivers, older adults and adults with disabilities.	12/31/2020
Research innovative transportation programs, share findings with community partners and determine implementation feasibility.	12/31/2021
Participate with Healthcare Transportation Project team, Accessible Transportation Coalitions Initiative and Gorge TransLink Alliance.	12/31/2023
Contribute feedback to the Southwest Washington Regional Transportation Council's Human Service Transportation Plans.	12/31/2023

Universal Design and Community Planning Feedback for Aging Populations

AAADSW's HOME Program provides seniors with minor home modifications so they can continue to live independently and safely in their own homes. Modifications include grab bars, handrails, hand held showers, and access ramps. The program currently serves adults over age 60 who reside in Clark, Cowlitz, and Klickitat counties. AAADSW intends to expand the program to Skamania and Wahkiakum Counties by 2023.

Mental Health and Counseling

AAADSW will continue to collaborate with community partners, such as NAMI, who focus on mental health in the community to connect community members to behavioral health services, local support groups and classes available in the community. AAADSW offers the Program to Encourage Active, Rewarding Lives (PEARLS) to address late-life depression. Family caregivers may also access counseling services.

Section C-2 Expanding and Strengthening Services and Supports that Prevent or Delay Entry into Medicaid-Funded Long Term Services and Supports

Community Living Connections/Aging and Disability Resource Centers, Information and Assistance and Care Transitions

Information and Assistance services connect people to community based service options and provide personalized assistance to individuals to help them access Long-Term Services and Supports.

AAADSW Transitional Care coaches work with patients and their family caregivers to ensure a successful transition from hospital or rehabilitation center to home. Coaches focus on key components of this transition, medication management and self-care, recognizing symptoms that may require immediate attention, and making and keeping follow-up appointments with their primary care physicians. With this support, individuals are more likely to avoid hospital readmissions, with the added benefit of improved medical outcomes and quality of care.

Goal: Connect individuals and families to services and supports that maximize independence and maintain or improve quality of life in their home and community.	
Objectives	Date
Sustain an information and assistance office in each county	12/31/2023
Embed Aging and Disability Resource Center staff in local hospitals and primary care.	12/31/2020
Continue to cultivate healthcare partnerships and collaborations.	12/31/2023
Explore new opportunities to expand ADRC service delivery.	12/31/2020

State Family Caregiver Program

This program supports unpaid family caregivers, who care for an adult with a functional disability or is 60 or older. Services enable family caregivers to continue at-home care and allow care receivers to remain in their familiar environment. Services include:

- a) Information on Community and Caregiver Resources
- b) Referral to Support Groups
- c) Respite Care Services
- d) Caregiver Education and
- e) Evidence-based caregiver services such as TCARE Assessment, Powerful Tools for Caregivers and STAR-C.

“Not needing help now, but with spouse’s health failing will need help in the future.”
 - Cowlitz County Senior Citizen/Family Caregiver

Goal: Expand support to family caregivers	
Objectives	Date
Conduct annual focused outreach to family caregivers in November and December.	12/31/2023
Promote availability of support groups through agency website and social media.	12/31/2020
Connect family caregivers to information about chronic diseases through classes, online education and printed materials.	12/31/2023
Maximize utilization of funding available for respite and personal care services	12/31/2023

Medicaid Alternative Care

MAC supports older adults age 55+ that need help to live at home. It provides support to the person's unpaid family caregiver continue to provide care to their loved one and focus on their own health and well-being. There is no estate recovery or client participation for this program.

Tailored Supports for Older Adults

TSOA helps older adults age 55+ who need help to live at home. The benefit is for individuals who currently do not meet Medicaid financial eligibility criteria but do meet functional criteria for care. They may or may not have a family caregiver. There is no estate recovery or client participation for this program.

Advanced Care Planning

AAADSW plays an active role in advance care planning and education in Southwest Washington. AAADSW has been a member of the Life Transitions: End of Life Coalition since 2011. AAADSW provides both group and one on one Advanced Care Planning consultations. End of life resources are available at AAADSW's website.

Section C-3 Person-centered Home and Community-based Services

Aging Network Case Management

Aging Network Case Management services assist vulnerable seniors (60+) who are at risk of institutionalization to access community-based support and service options. Services include assessment of the person's capabilities and personal care needs.

Person-Centered Counseling/Options Counseling

AAADSW provides a person centered approach to explore resources and options for care. Case managers support clients in making informed decision about Long-Term Services and Supports.

Equity, Diversity and Inclusion

AAADSW promotes equity, diversity, and inclusion through its programs and ongoing outreach to community partners serving diverse groups of people in the community. We seek to appreciate strengths, address barriers, and advocate for equity as it fosters an environment of inclusion amongst our diverse community of clients and colleagues. AAADSW focuses outreach efforts to those with the greatest economic and social need, minorities, those who care for or who have dementia, persons at risk of institutionalization, those who have non-dominant-culture relationships or family dynamics, and those who care for or who are 60 years of age or older or living with a disability.

SECTION D: BUDGET SUMMARY

Section D **DRAFT** Area Plan Budget Summary

Estimated 2020 Budget		\$20,086,000
Medicaid Related Programs		\$14,575,000
• Medicaid Case Management	\$9,800,000	
• Health Home/Care Coordination	\$3,800,000	
• MAC/TSOA	\$ 850,000	
• Other	\$ 125,000	
Community Services		\$4,711,000
• Older Americans Act	\$2,400,000	
• Senior Citizens Services Act	\$ 720,000	
• State Family & Kinship Caregiver	\$1,050,000	
• Long-Term Care Ombuds	\$ 150,000	
• Nutrition Services Incentive Program	\$ 142,000	
• Senior Farmers Market	\$ 85,000	
• HOME	\$ 82,000	
• Dental	\$ 82,000	
Match		\$800,000

Appendix D Advisory Council

2019 ADVISORY COUNCIL ROSTER

Clark County	Cowlitz County	Klickitat County	Skamania County	Wahkiakum County
Anderson, Beth	Dieter, Jon	DeMent, Sandy	Bacus, Sandy (Secretary)	Blackburn, Pearl
Bayautet, Lisa	Kyllonen, Katy	Johnson, Lanae (Chair)	Doster, Roberta	Cameron, Sue (Vice Chair)
Cano, Pat	McCully, Tina	Vacant	<i>Vacant</i>	Goodroe, Bernadette
Dyer, Arnie				
Lewis, Carole				
Potts, Shanti				

Category	Number of AC Members
# age 60 and over	13
# age 59 and under	3
# of males	2
# of females	14
# with self-identified disability	1
Minority	2

Appendix L
Population Forecast 2020 - 2023

	Population and Aging Services Utilization Forecast for 2020					
	PSA	Clark	Cowlitz	Klickitat	Skamania	Wahk.
Number of persons aged 60 or above	155,399	110,873	30,671	7,979	3,938	1,939
Number of persons aged 60 or above and at or below 100% FPL	9,697	5,506	3,100	639	299	154
Number of persons aged 60 or above and minority	13,770	10,917	1,908	577	277	92
Number of persons aged 60 or above and American Indian/Alaska Native	1,307	607	531	102	27	40
Number of persons aged 60 or above and at or below 100% Federal Poverty Level and minority	863	526	286	26	11	14
Number of persons aged 60 or above with limited English proficiency	5,669	4,049	1,115	304	140	61
Number of persons aged 60 or above and Disabled (American Community Survey 18b or 18c)	31,364	22,023	6,457	1,688	782	414
Number of persons aged 18 or above and Disabled (American Community Survey 18b or 18c)	46,702	33,540	9,220	2,303	1,146	493
Number of persons aged 60 or above with cognitive impairment (American Community Survey 18a)	13,787	9,541	2,947	765	354	181
Number of persons aged 18 or above with cognitive impairment (American Community Survey 18a)	28,844	20,816	5,725	1,352	697	254
Number of persons aged 65 or above with dementia	10,857	7,704	2,194	562	246	150

Number of persons using in-home services, based on June 2018 Community First Choice utilization calibration	4,877	3,650	997	120	87	22
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Source: Selected Population and Aging Service Utilization Forecast, Southwest Washington AAA, DSHS Research and Data Analysis Division, July 16, 2019

Population and Aging Services Utilization Forecast for 2023						
	PSA	Clark	Cowlitz	Klickitat	Skamania	Wahk.
Number of persons aged 60 or above	170,714	123,228	32,857	8,363	4,310	1,957
Number of persons aged 60 or above and at or below 100% FPL	10,546	6,146	3,276	652	320	153
Number of persons aged 60 or above and minority	16,032	12,761	2,192	652	331	96
Number of persons aged 60 or above and American Indian/Alaska Native	1,497	689	633	106	30	40
Number of persons aged 60 or above and at or below 100% Federal Poverty Level and minority	984	617	315	26	12	15
Number of persons aged 60 or above with limited English proficiency	6,493	4,697	1,243	331	159	64
Number of persons aged 60 or above and Disabled (American Community Survey 18b or 18c)	35,296	25,078	7,067	1,832	875	445
Number of persons aged 18 or above and Disabled (American Community Survey 18b or 18c)	50,821	36,872	9,778	2,425	1,227	519
Number of persons aged 60 or above with cognitive impairment (American Community Survey 18a)	15,495	10,863	3,215	827	394	198

Number of persons aged 18 or above with cognitive impairment (American Community Survey 18a)	30,859	22,488	5,969	1,400	734	268
Number of persons aged 65 or above with dementia	12,611	9,046	2,471	641	282	171
Number of persons using in-home services, based on June 2018 Community First Choice utilization calibration	5,309	4,047	1,024	122	93	23

Source: Selected Population and Aging Service Utilization Forecast, Southwest Washington AAA, DSHS Research and Data Analysis Division, July 16, 2019

Appendix M AAADSW Services

The table below shows programs and services provided by AAADSW or an AAADSW contracted provider, by county.

Key

- Number (1-8) represents total number of contracted providers in corresponding county
- N/A is Not Available
- Asterisk (*) means program/service is available to eligible persons. No local provider

SERVICE or PROGRAM	CLARK	COWLITZ	KLICKITAT	SKAMANIA	WAHKIAKUM
Legal Assistance	1	1	1	1	1
Medicare Improvement for Patients & Providers Act (MIPPA)	1	*	1	1	*
Access Services					
Transportation	2	1	1	1	1
Information & Assistance	1	1	1	1	1
Transitional Care	1	1	N/A	N/A	1
Case Management - Aging Network	1	1	N/A	1	1
In-home Services					
Personal Care - Aging Network	7	6	3	3	6
Nutrition Services					
Congregate Meal Sites	7	5	6	1	2
Home Delivered Meals	1	1	1	1	1
State Home Delivered Meals Expansion	1	1	1	1	1
Registered Dietitian	1	1	1	1	1
Senior Farmers Market Vouchers	1	1	1	1	1
Social & Health Services					
Senior Drug Education	1	1	1	1	1
Fitness/Exercise	5	N/A	1	2	N/A
Chronic Disease Self-Management	N/A	1	N/A	N/A	1
Oral Health Care	1	1	*	*	*
Gatekeeper Program	1	1	1	1	1
Kinship Care Support	1	1	1	1	1
Kinship Navigator	1	1	1	1	1
PEARLS	1	1	N/A	N/A	N/A
HOME	3	2	N/A	1	N/A

Family Caregiver Support - Assessment & Coordination					
TCARE	1	1	1	1	1
Consultation & Coordination	1	1	1	1	1
Family Caregiver Support - Access & Support Services					
Powerful Tools For Caregivers	1	1	N/A	*	1
Counseling	1	1	N/A	*	1
Family Caregiver Support - Supplemental Services					
Assistive Devices	Multiple providers available in all counties				
Assistive Supplies					
Assistive Equipment					
Family Caregiver Support - Respite Services					
Respite (in-home)	8	6	3	3	6
Respite (adult day care)	1	N/A	N/A	N/A	N/A
Family Caregiver Support - Grandparents/Relatives					
	1	N/A	N/A	N/A	N/A
Long Term Care Ombudsman					
	1	1	1	1	*
Newsletters					
	N/A	N/A	1	1	1
Medicaid					
Case Management	1	1	1	1	1
Nurse Consultation	1	1	*	*	1
Personal Care (In Home)	7	6	3	3	6
Community First Choice	6	5	3	2	5
Community Options Program Entry System	6	5	3	2	5
Health Home Lead/Care Coordination	1	1	1	1	1
Interpreter Services	5	5	5	5	5
Medicaid Demonstration					
Medicaid Alternative Care	1	1	1	1	1
Tailored Supports for Older Adults	1	1	*	*	1
Community Paramedicine (via Cascade Pacific Action Alliance)	N/A	1	N/A	N/A	1
Clinic-Community Linkages (via	1	N/A	N/A	N/A	N/A

Southwest Washington Accountable Community of Health)					
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