

Area Agency on Aging and Disabilities of SW Washington
ADVISORY COUNCIL MEETING MINUTES

August 21, 2019

Location: River Street meeting room, Cathlamet, WA

The meeting was called to order by Lanae Johnson at 12:21 p.m.

Roll Call: Shanti Potts, Arnie Dyer, Kathy Kyllonen, Pearl Blackburn, Carole Lewis, Tina McCully, Beth Anderson, Lanae Johnson, Jon Dieter, Pat Cano, Sandy DeMent, Sue Cameron

Excused: Sandy Bacus, Roberta Doster

Absent: Bernadette Goodroe

Staff present: Dave Kelly, Mike Reardon, Karen Wolfe

Guests: Sharon Dennis, Wahkiakum County Commissioner Dan Cothren

Introductions: Lanae introduced our two guests, Commissioner Dan Cothren and Sharon Dennis.

Agenda: Motion to approve the agenda was made by Carole, and seconded by Beth. Motion passed.

Minutes: Motion to approve the minutes of the June 19, 2019 meeting was made by Shanti and seconded by Carole. Motion passed.

Announcements/Community Outlook: Arnie gave an update on the Mens' Shed project. Pearl reported on working with the Outdoor cafe this summer and also with the local farmer's market. She encouraged everyone to make sure to hug a senior citizen (with permission, of course). Shanti advised that her first term is up in September and she will not be continuing with the Council for a second term. Pat reported on working on a Vancouver City Council candidate's campaign. Kathy reported in the recent closing of a health care facility – Park Royal – and the efforts to accommodate the folks that were displaced. The Alzheimers group raised \$2500 at a recent event. Sue reported that she is moving to Clark County. Jon reported that he and his wife had their grandkids - 9 of them spent a week with them - and they had a lot of fun. Sandy D updated on the hospital bond issue for one of the two hospitals in Klickitat County to convert beds to LTC facilities. There is currently no nursing home, no adult day care, no memory care in Klickitat County. The bond failed by 66 votes. Sandy wrote an article for the local newspapers based on the Area Plan survey results and anecdotal stories about folks living in Klickitat County. Sandy thinks a new bond issue will be put up for a vote again in February. There's another new development, with a LTC facility going into White Salmon with land that the County bought and is going to lease. A dental clinic is also coming for low income/Medicaid clients. Sandy dedicated this meeting to Brian and Patricia Jones of Whatcom County, who were inundated with over \$100k in medical bills and recently were the victims of a murder/suicide. Sandy wishes the local AAA could have been able to help them, and hopes Washington AAAs can expand outreach to local communities. Kathy asked how many

beds the hospital is looking to convert to LTC beds. The White Salmon facility will be 12-16 beds. Lisa reported she is lobbying our US Senators for the International Pricing Index. Also noted that there is now a cure for TB, developed in Europe. Carole stated how much she appreciates and values this group. Beth reported the Alzheimer's Choir had their first session. They got a good reception and will be doing more. Beth also did a ride-along to a client visit with a Care Coordinator from the Vancouver office. Beth said the CC was very professional in dealing with the client. 9/8 is the annual Alzheimer's Walk in Vancouver at Esther Short Park at 10 a.m. They raised \$109k at last year's walk. Lanae reported her daughter had open heart surgery in June and is doing well. The Klickitat County Fair is happening this week, and Lanae shared some details. She's looking forward to the Area Plan public meeting in Dallesport and will be bringing past Council member Martha Quigley with her. Lanae shared her thoughts about the hospital in Klickitat County.

Reports:

Executive Director's Report: Dave expressed his honor in being here today with Commissioner Cothren, who has been on the Agency's COG board for about ten years, and is currently the COG chair. Dave invited him to share some remarks.

Commissioner Cothren detailed his background on the COG board. Being able to tap into services folks don't know about has been very valuable both for the community and for his own family members. Dan commended the Council for their volunteerism and thanked Dave. Dan also recognized AAADSW staff member Karen Wolfe for her organizational work with the COG and the Council. Jon asked Commissioner Cothren what the greatest challenge community members mention when he is out and about in the community. Dan stated lack of knowledge of available services and lack of local medical facilities are the biggest concerns.

Dave reported on the national n4a conference in New Orleans in July. His second three-year term on the N4a Board also ended in July. There were many conference discussions about Community Based Health Organizations making an impact on health outcomes by addressing Social Determinants of Health (SDoH). Dave gave two presentations in New Orleans. Dave is working hard to move the agency out of the "best kept secret" category. He complimented Shanti on the caregiver trainings work she does as being helpful to a family member who is experiencing Alzheimer's.

Dave thanked Sandy for her challenge to make the Agency more well-known in the community so that more people know about the resources we offer.

Dave met with the undersecretary for the Administration for Community Living while in New Orleans, to increase support for the CMS Option #2, which is the Washington State Health Homes model, to State Medicaid directors. Question about data following up on clients to see how our interventions have improved health outcomes. Dave mentioned that the Agency now has a data coordinator on staff to address this very issue.

Dave also elaborated on Medicare Advantage Plans and proposed changes. Kathy asked about Long Term Care activities and expanding services to be covered by Medicare.

Executive Committee: Mike reported that the committee met on the second Tuesday of August, and developed the agenda for today.

Advocacy and Outreach: No report.

Planning & Allocations: Sandy D. reported on the 2 page summary of the Area Plan survey results. She described the methodology of ranking issues in the Area Plan survey. In all five of our counties, transportation was the biggest issue for survey respondents who want to age in place. Sandy said that we will need sustained work on this and other issues beyond the survey. Access to a Primary Care doc was the #2 issue found by the

survey. How do we set up more transportation and more health care services? Dental was #3. Sandy hopes we can work on linkages in the communities to find more ways enhance the agency's programs. Dr. Bolkan has been engaged to analyze the survey data by county to find the top priorities in each county.

The committee wants to be sure we are providing equal services in each county that address their specific priorities. Sandy reported on the disabled community and the lack of knowledge on both sides of the population and urged the agency to incorporate them more fully into our client base.

State Council on Aging (SCOA): no report

Membership: Arnie reported that Shanti will not be continuing for a second term and hoping that perhaps Sue can replace her for the Clark County opening, since Sue is in the process of moving to Vancouver. The committee is awaiting Beth's second term application. Ray's spot in Klickitat is now open and Sue is actively looking for someone to replace her for the Wahkiakum position.

Draft Article: Dave gave background regarding the correspondence to review. The letter will be sent county-specific, on behalf of each group of Ad Council members. Arnie complimented Dave and the agency for the work they are doing. AC members provided initial feedback and were encouraged to send additional feedback to Karen. Karen elaborated a bit on submitting the letter. Jon asked who the target audience is in the draft letter. Answer: newspaper readers.

Wahkiakum County Presentation: Mike reached out to Julie and Kelly and didn't hear back. The agency sees an uptick in number of citizens served. Senior Farmer's Markets vouchers were distributed. We come out monthly to provide technical assistance and find ways to support the County better. Sue is concerned that staff couldn't come to the meeting today because they are too busy. She mentioned a case that is concerning her and hopes that something can be done.

Preliminary Area Plan Survey Results: Mike distributed the Area Plan Survey results collated by county to review later. Mike reviewed the draft of the Area Plan. Mike reviewed the homework assignment to read through the draft and ask yourself the questions Mike has outlined (regarding readability and understandability, etc. of the Area Plan) and get your feedback to Mike by 8/28. Sandy D stressed the importance of telling a cohesive story about what the Agency does. Mike will snailmail or email the draft Area Plan to the Council. Question as to what happens at the end of the Area Plan process, ie. what do we want to do with it and the survey results. Possibly use the Advocacy and Outreach committee to come up with an idea or two.

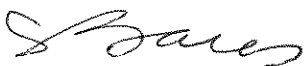
Nominating Committee: Lisa and Beth and Jon have agreed to be on the nominating committee, along with Lanae as chair of the committee.

Fall Senior Conference: Karen reported on the plans for the Fall Senior Conference and distributed a sign-up sheet.

Public Comment: Kathy related on working at the hospital years ago and the Telmed program they used. She envisions some kind of kiosk with apps that people could use for self-service information.

Meeting adjourned at 2:25 p.m.

REMINDER: Next meeting is Wednesday September 18, 2019 in the Columbia Room of the Vancouver AAADSW office. Committees from 10:00 a.m. – 11:30 a.m., lunch from 11:30 a.m. – 12:00 p.m., meeting from 12:00 p.m. - 2:00 p.m.



Signature

Date