Washington State's Health Home Program: Engagement Rates and Medicare Savings Outcomes

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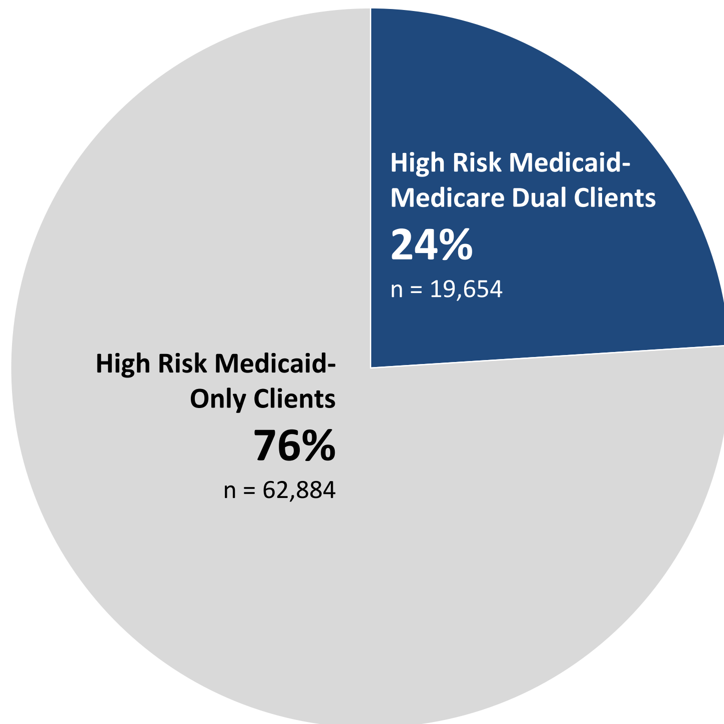
Fee-for-Service Duals are One-Fourth of Those Enrolled for Health Homes but Nearly Half of Those Actively Participating

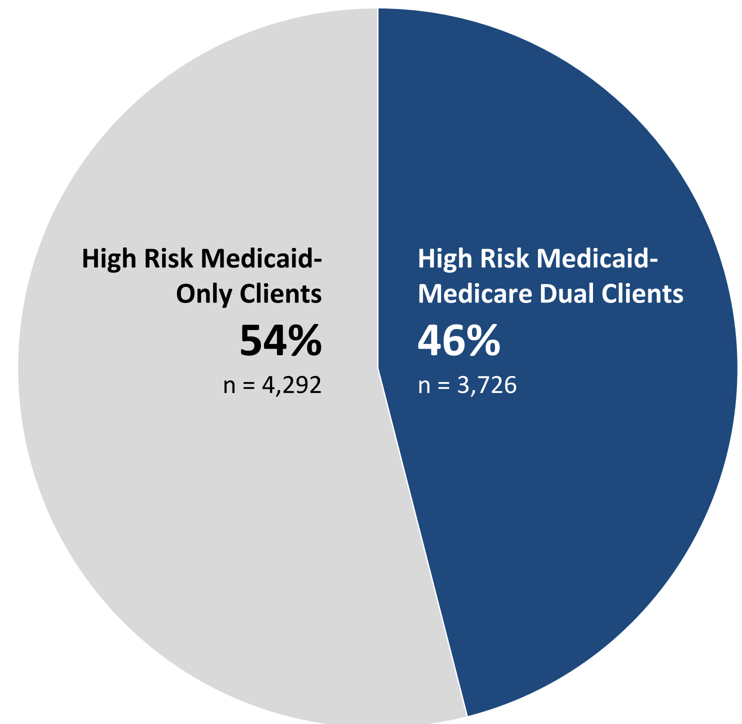
Health Home Enrollment

JULY 2017 TOTAL = 82,538



Active Participation

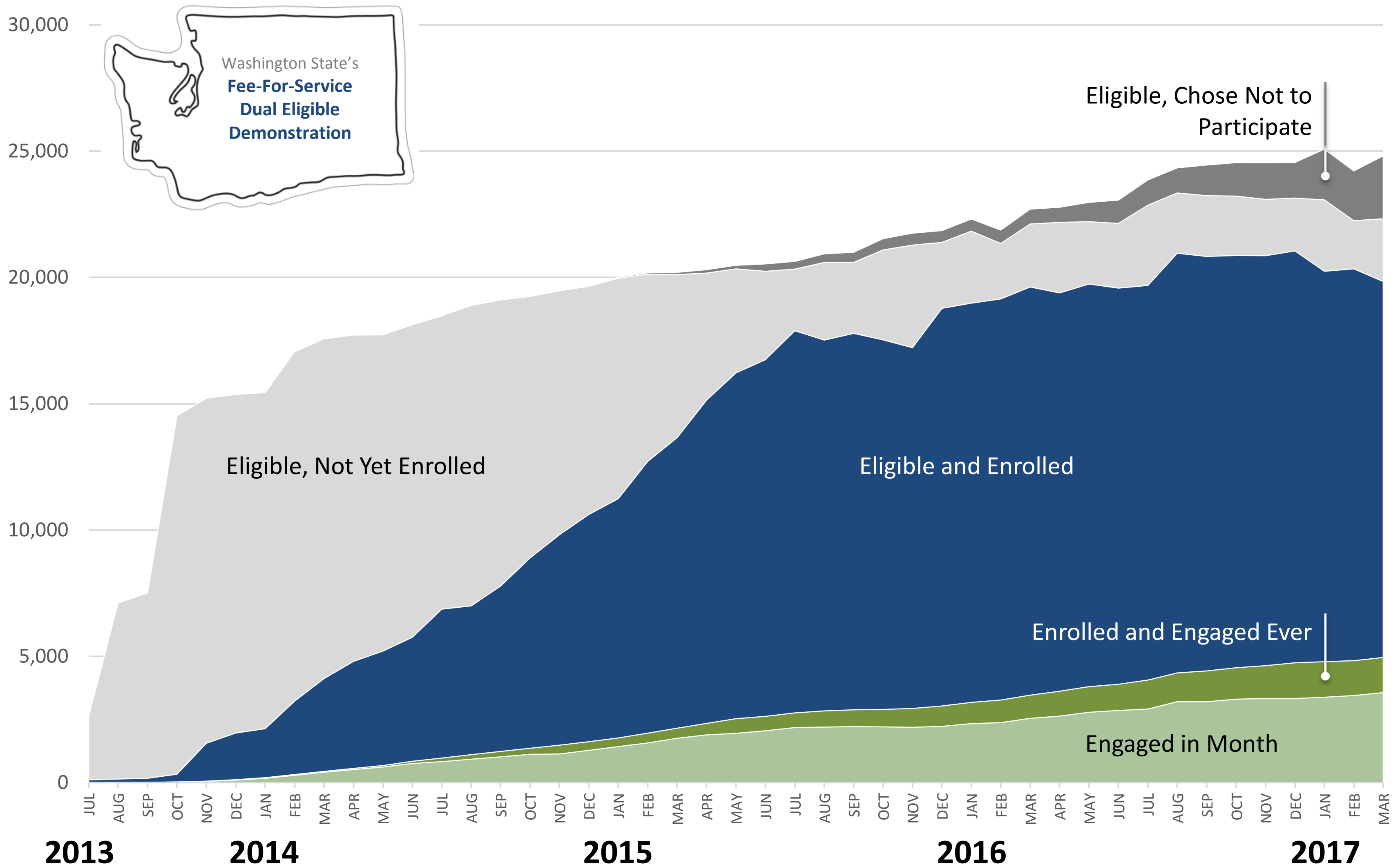
JULY 2017 TOTAL = 8,018



NOTES: Includes all Health Home eligible clients.
SOURCE: Washington State Health Care Authority, ProviderOne (Medicaid) database.

Dual Eligible Health Home Enrollment and Engagement

JULY 2013 – MAY 2017



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SOURCE: DSHS Research and Data Analysis Division, "Washington State's Fee-For-Service Dual Eligible Demonstration Monthly Report," September 2017.

Medicare Shared Savings for Dual Eligibles

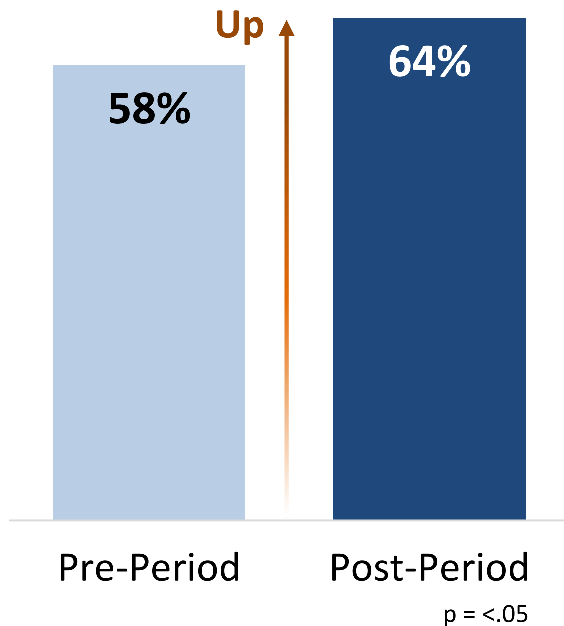
- **Dual eligible Medicare savings from the first 30 months of Health Home program operations (July 2013 to December 2015):**
  - $67.5 million in total Medicare savings
  - $61.3 million in savings available for sharing after "outlier adjustment"
  - Up to 50% of savings are shared with the State, depending on Medicaid cost impacts and performance on quality metrics
  - HCA has received approximately $20 million in payments for Medicare savings achieved though December 2015
  - In 2017 the Legislature approved sharing savings with Health Home Leads who meet engagement goals

Selected Preliminary Findings

Washington State Managed Fee-for-Service Duals Demonstration

Percent of High-Risk Duals Receiving Home and Community-Based Long-Term Services and Supports

TOTAL CLIENTS = 408



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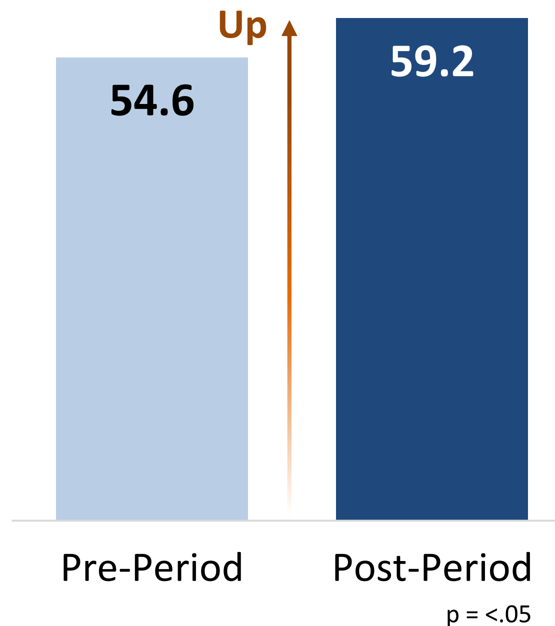
Average Patient Activation (PAM® Score)

TOTAL CLIENTS = 285



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1-Year Pre-Period **1-Year Post-Period**

Timeline **Initial Health Home Service**

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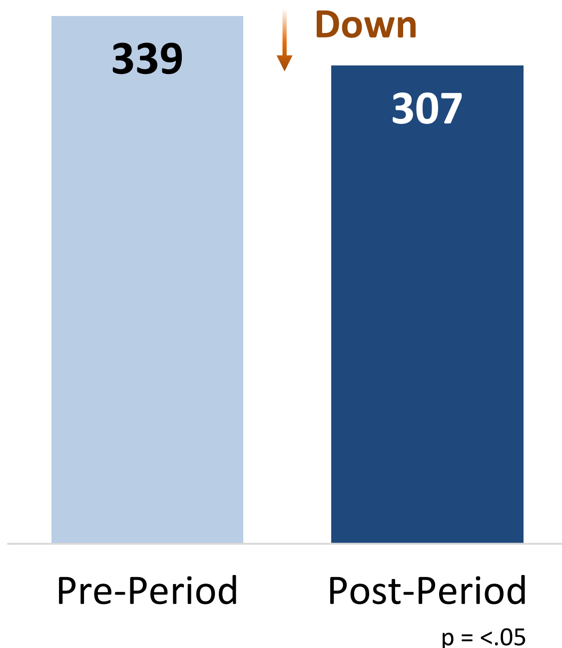
DSHS Research and Data Analysis Division, Client Outcomes Database.

Selected Preliminary Findings

Washington State Managed Fee-for-Service Duals Demonstration

Number of Emergency Department Visits Deemed Non-Emergent or Primary-Care Treatable

NYU ALGORITHM



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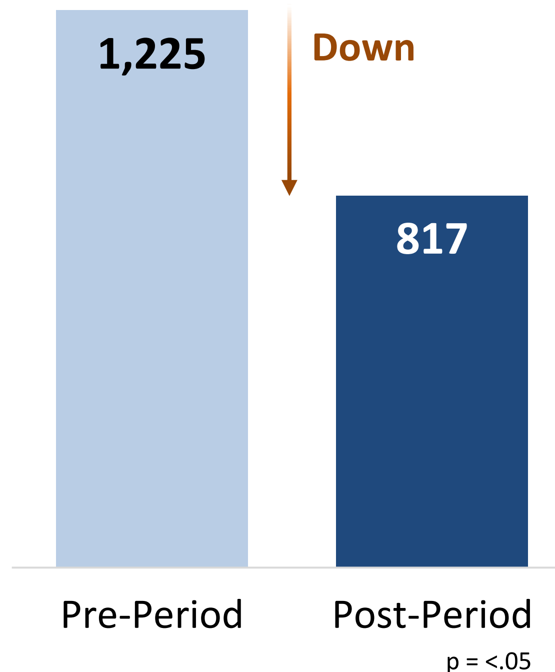
Ambulatory Care-Sensitive Hospital Admissions per 100,000 Client Months



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1-Year Pre-Period **1-Year Post-Period**

Timeline

Initial Health Home Service

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DSHS Research and Data Analysis Division, Client Outcomes Database.

Focus Group Results

Washington State Managed Fee-for-Service Duals Demonstration

1. **More than half of participants reported a significant improvement in their health or quality of life:**
   - Participants set goals and took responsibility for their own health, working with Health Home Care Coordinators
   - Achieving personal health-related goals had benefits, e.g. decreased use of emergency departments and medications; increased physical activity and weight loss
2. **Participants value the relationship with the health home care coordinator:**
   - Viewed as particularly helpful in setting goals and developing plans to achieve them
3. **Participants indicated that they wanted to be involved in their health care, and emphasized the need to advocate for themselves**
4. **Half of participants had achieved a goal or improvement in their health or quality of life:**
   - Most participants achieved goals by changing their own behavior rather than accessing additional services

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Questions?