

Do You Provide Support to a Friend, Neighbor or Family Member?

In Southwest Washington, we have various supports, services and programs designed specifically for many people like you, unpaid family caregivers.

Depending on your needs and the needs of your friend, neighbor or family member, we will help you develop a plan that supports both of you so they can stay at home for as long as possible.



What kind of help may be available?

- Information about local services
- Training in skills to provide care
- Dementia Care Education and Support
- Services to help with depression, grief or stress
- Adaptive equipment or supplies to make home care easier
- Home Care Services or Respite Care (a break from caregiving)
- Home Delivered Meals
- Education about self care and referrals to support groups, advance care planning and more



Our Programs

Medicaid Alternative Care and Tailored Supports for Older Adults, bring supports and services to unpaid caregivers helping a person 55+ who meets specific financial and daily care need requirements. For eligible individuals there is no Medicaid estate recovery or sliding fee participation.



Our longstanding **Family Caregiver Support Program** helps unpaid caregivers who take care of or support adults 18+ who are in need of care. A sliding fee may apply for respite care, depending on the income of the care receiver.

